# DA PANDU MEMORIAL R V DENTAL COLLEGE, BENGALURU INSTITUTIONAL BEST PRACTICES

## BEST PRACTICE: 1

#### Title of the practice:

Institutional outreach services for comprehensive community oral health care

#### Objectives of the practice:

In accordance with the vision and mission of the institution, to:

- 1. spread oral health care awareness among the public & reduce oral disease burden
- 2. reach voluntary oral health care services to the community
- 3. reach oral health care solutions to the unreached
- infuse experiential learning among students through community dental health programmes
- practice evidence-based dental health care promotion strategies through community involvement, empowerment and capacity building.

#### The context

As a secondary dental care centre, our institution is a forerunner in conducting community dental programmes that offer essential oral health care awareness and services to all age groups of the society; thus reducing the oral disease burden of the society. Evidence-based best practices help in assessing the needy population. All these community dental services assist in the development, integration, expansion and enhancement of various oral health programmes at the zonal, regional, and national levels. Long term partnerships with NGOs are encouraged. In addition to treatment, health promotional initiatives are focused upon. As an elite centre of higher education, our institution is motivating and involving all our undergraduate and postgraduate students in community dental services; this enhances their experiential learning and imparts an attitude of social service and professionalism in them.

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# The practice

- Voluntary oral health care services to individuals of all age groups of the community:
- School and Community dental programmes have been organized by the departments of Pedodontics & Preventive Dentistry, Public Health Dentistry, Prosthodontics and Oral Medicine and Radiology.
- A fully equipped mobile dental van is used for all dental camps.
  - It comprises of: 2 dental chairs, 7 dismantlable dental chairs, inbuilt water tank, compressor; television and audio system for facilitating oral health care talk
  - Working team: staff, postgraduate students, interns and attenders
  - Oral health awareness talks are given using charts, posters, models and games (edutainment); few innovative edutainment tools used for children are: Kident, and Tooth fairy
  - Basic dental procedures are performed on site.
  - Elders and differently abled who cannot visit our hospital, are given oral care solutions at their door step.
- 2. Spreading oral health care awareness among the public, thereby reducing oral disease burden:
  - · Health talks (using Charts, models and posters) before offering treatment
  - Public is addressed about prevention of common oral diseases, deleterious habits and maintenance of good oral hygiene
  - Specific dental camps to screen key ailments: cleft lip / palate and oral precancer & cancer; tobacco and AIDS awareness camps

# 3. Reaching oral health care solutions to unreached population:

Out station dental health camps within Karnataka are conducted regularly at Srinivasapura, Kolar District; Chennarayapatna, Hassan District; Chikkeri, Mandya District; and at other places. Around 1-7 days are spent in these camps. Outstation dental health camp outside Karnataka is conducted annually at Tirunelvell and Tutucorin districts of Tamil Nadu for 10 – 15 days.



4. Infusing experiential learning among students through community dental health programmes:

The undergraduates and postgraduates are given hands on training in community services and are taught dental public health competencies, thereby enhancing their experiential learning.

5. Evidence-based health promotion strategies, emphasising community empowerment, and capacity building:

Four satellite centres (at KSRTC-Jayanagar, Sriramanahalli, Sevakshetra, Muddenahalli-Chikkaballapura) established by the institution, have sufficient provision to furnish diagnosis and treatment of oral diseases.

All these ventures have been possible owing to the continued support and guidance of RSST.

#### Evidence of success:

- Reflected in the number of camps being conducted and the beneficiaries
- Total Camps by the institution (last 5 years) 657
  - Number of beneficiaries 1,09,641
- Improved oral health conditions (evident by follow ups)
- Active participation of the public
- Alumini are participating in these outreach programmes till today.

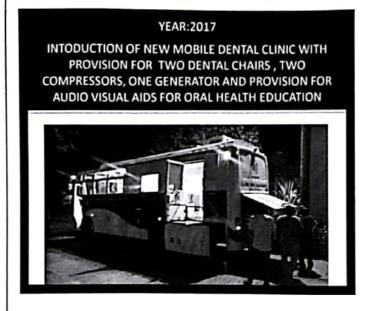
#### Problems encountered and Resources required:

i) Interruptions in power supply at times; overcome by innovative hand pump

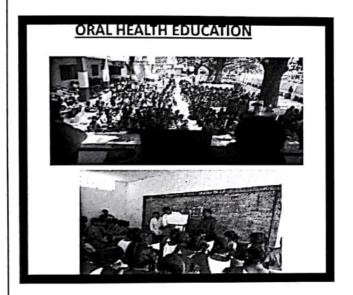
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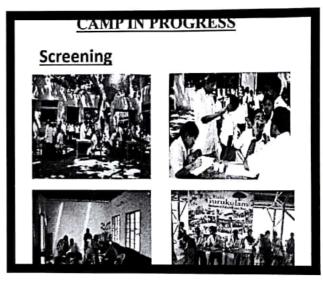
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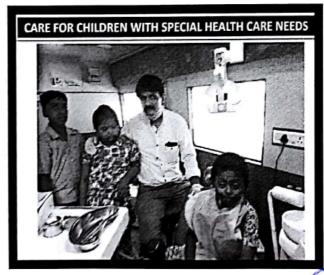
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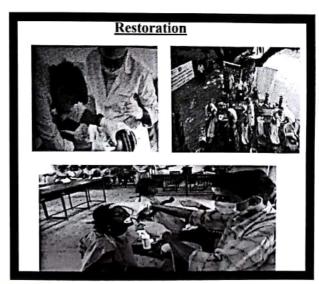












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#### **BEST PRACTICE 2:**

- 1. Title of the practice:
  - Staff Reinforcement

## Objectives of the practice:

In alignment with the vision and mission of our institution,

- 1. To promote and support our staff in their upgradation of knowledge and skills
- 2. To encourage staff achievements

#### The context:

Our staff members are very efficient, dedicated and perform multitasking duties encompassing teaching, clinical work, administrative responsibilities and research. Upgradation of knowledge and skills of staff is an essential component. In addition, staff achievements are recognized and awarded.

#### The practice:

- 1. Promoting and supporting our staff for upgradation of knowledge and skills
  - Deputation to faculty development / exchange programmes at various levels. Few staff members were deputed to Showa University, Japan.
  - Encouraged to organize and participate in continuing dental education programmes / workshops / seminars/ conventions and conferences at different levels.
  - iii. Financial assistance by the RSST for:
    - · scientific presentations, chairing of sessions
    - organizing scientific programmes
    - research work
  - iv. Provision of Sabbaticals for:
    - a. pursuing additional qualifications
    - b. scientific presentations at various levels
  - v. Awards for children of staff for excellence in academic and / extracurricular activities at state / national / international levels
  - vi. Education opportunities for staff children at various institutions of the trust

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## 2. Encouraging staff achievements

- Annual best user awards for maximum utilization of college library and information centre
- Annual Faculty Felicitation on 26<sup>th</sup> January by RSST for Excellence in health education /academic / other achievement in their fields
- iii. Other benefits:
  - a. annual encashment of earned leave
  - b. maternity leave

Further, staff are encouraged to organize and also participate in annual sports and cultural activities.

With these beneficial measures, there is a healthy environment and harmony amongst all staff, which has made a progressive impact on the reputation of the institution.

#### Evidence of success:

- 1. Good staff retention (staff serving the institution from inception)
- Increasing university ranks and distinctions in undergraduate and postgraduate courses
- 3. progress in research
- 4. more fellowships
- 5. distinguished academic profile of the institution

# Problems encountered and resources required:

 The frequent changing policies of the governing / apex bodies has posed challenge in staff recruitment.

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